

Your Path and how to find it

June 9th - 11th 2006

at

Osho Leela
Gillingham, Dorset



**weekend residential
group workshop**

with

Dave Robson (Vairag)
Holistic Life Coach

£130 (show offer £100)

plus you get a free one-to-one follow-up Life Coaching session with Dave Robson after the workshop lasting approximately one hour, worth £50, to be arranged at a mutually convenient time and date.

This workshop offers an exciting opportunity for those who really want to make positive changes in their lives. If that's you, don't miss this!

Programme

Friday Evening – Social and dinner.

Day 1 – Interactive exercises to examine your life in depth, **identifying** and **listing** what you want to change and eliminate. In the evening we have a powerful and highly symbolic “letting go” ceremony.

Day 2 – Freed and energised by Day One's activities, you will be ready to focus on how you want your life to be. We shall develop strategies to help you identify what you want in your new life and how to make them a reality.

You go home with a plan, a new found focus and the heartfelt motivation to start building your new life.

This is a weekend of participating, thinking, feeling, meditating, sharing, support, feedback, guidance and - above all - doing.

Only a small number can attend this group, because we want to keep it intimate and personal to ensure everyone gets the support they need. So do not delay making your booking.

Dave Robson Holistic Life Coach



Self-development, humanistic psychology and meditation have been powerful interests I have pursued in many ways since the sixties, but always something was wanting. Then in the year 2001 I heard about Life Coaching and without hesitation jumped right in, and a new and very rewarding phase in my adventures began. I trained with The Coaching Academy, Portsmouth. As a hands-on person at heart, the power and simplicity of Coaching appeals to me and I always marvel at the results my clients achieve. There's no getting away from it, successful results are immensely satisfying.

My philosophy in a nutshell: A very wise guru advocated, “be realistic, plan for a miracle”. That's when I realised it is possible to make our most dearly held visions come true as long as we never settle for mediocrity or compromise. Positive thinking is just one of the secrets of manifesting the life you want. I really do believe that anything is possible, hence I sometimes tell potential new clients, “the answer's yes, now what's the problem?” Enjoy embracing a new approach to your life

Enquiries and Bookings:
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